

# Technology/Internet Use Contract for Teens

The following are some examples of child expectations for self-control. Select those that apply to your individual child.

## Teen Expectations:

1. I will not share any personal information, including date of birth, name, address, phone number or specifics about what school I attend. I recognize that sharing such information could lead to harm if it gets in the hands of someone who intends to hurt me. I fully recognize the threat this is to my safety.
2. In all of my online communications, I will be respectful of others and will never embarrass, humiliate, threaten or bully anyone. My communications will always be truthful, encouraging and helpful.
3. I will never use vulgar or sexually explicit language, and if someone begins using such language with me, I will immediately refuse further communication.
4. I recognize there is no such thing as real privacy when on the Internet. I understand any content I post about myself or anyone else on the Internet can be distributed across the world without my knowledge or permission. Even if I intend such communication to be private, I have no guarantee that will be the case.
5. I understand that while I am communicating with persons whom I don't know, they are able to deceive me and may not be truthful about who they are and their intentions.
6. I will not post information on any of the social networking website such as MySpace, YouTube, Facebook, etc. without first discussing it with you and getting your permission.
7. I have earned your trust by obeying you as my parent(s) and I have every intention of continuing to do so. I willingly enter this agreement to be held accountable to you. By following these principles, we have agreed I will continue to enjoy the privilege of using Internet technology.

## Parent Expectations:

1. I will respect my child's privacy when he/she is using the Internet or other technology.
2. If I have a concern, I have the right to access their online accounts and/or website logs.

If the child violates this contract, then he/she will receive the following consequence(s):

\_\_\_\_\_

\_\_\_\_\_

**Teen Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Terms of this agreement will be reviewed every \_\_\_\_\_ (days, weeks, months) and changes made accordingly.